



Funded by
the European Union

INCLUSION OF PEOPLE WITH INTELLECTUAL DISABILITIES IN JUDO AND MAKING JUDO ACCESSIBLE TO EVERYONE.

INCLUSIVE JUDO
TRAINING PROGRAM
FOR PWID

INCLUSIVE JUDO
CAMP FOR PWID

NATIONAL JUDO
COMPETITIONS FOR
THE PWID

TRANSNATIONAL
JUDO
COMPETITION

The **overall objective** of the project is to **create opportunities for PwID to practice judo so as to better include and integrate them in the society**, as well enhance their wellbeing and health through physical activities. The project goes in line with the main credo of the EU`s policies and contributes to their reinforcement and realization. Other project objectives are:

- increase the involvement of young **PwID from EU and WB** in sports;
- **build the capacities** of the partner organizations in working with PwID and enhance crossborder cooperation by allowing **exchange of know-how**, practices and mobility experiences between EU and WB;
- **introduce innovative judo methods** and practices based on the local realities and needs in each participating country by developing an inclusive judo training program;
- **raise awareness about the importance of inclusive sport**, and combat any form of discrimination and exclusion of PwID.

Project Outcomes

- 3 implementation training plans,
- 1 international camp,
- 3 national competitions,
- 1 transnational competition,
- toolkit.

Website:

www.judo4all.net

Countries involved:

- North Macedonia
- Serbia
- Romania



START SPORTS AND RECREATION THROUGH INCLUSIVE JUDO, WE CREATED A SPECIAL INCLUSIVE JUDO PROGRAM WITH TRAININGS EACH WEEK.

PEOPLE WITH INTELLECTUAL DISABILITIES CAN APPLY.

IF YOU ARE INTERESTED IN MORE DETAILS AND HOW YOU CAN JOIN AND APPLY FOR THE INCLUSIVE JUDO TRAININGS, FIND BELOW THE CONTACTS FOR EACH COUNTRY:



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