



Erasmus+

TRAINING COURSE

FUTURE YOUTH EXCHANGE
GROUP LEADERS

infopack

19.04 – 26.04, Calarreona, Spain

ABOUT THE PROJECT

THE TRAINING COURSE WILL AIM TO EQUIP FUTURE GROUP LEADERS WITH THE ESSENTIAL KNOWLEDGE, SKILLS, AND COMPETENCIES REQUIRED TO PARTICIPATE IN AND LEAD YOUTH EXCHANGES SUCCESSFULLY. THE PROGRAM WILL FOCUS ON UNDERSTANDING THE FUNDAMENTALS OF YOUTH EXCHANGES WITHIN THE ERASMUS+ FRAMEWORK, EMBRACING NON-FORMAL EDUCATION (NFE) METHODS, AND DEVELOPING FACILITATION SKILLS NECESSARY FOR GUIDING YOUNG PARTICIPANTS THROUGH THE TRANSFORMATIVE EXPERIENCE OF AN EXCHANGE.

THE MAIN OBJECTIVES OF THE TRAINING ARE:

THE PRIMARY OBJECTIVE OF THE ERASMUS+ TRAINING COURSE FOR FUTURE YOUTH EXCHANGE GROUP LEADERS IS TO EMPOWER POTENTIAL GROUP LEADERS WITH A COMPREHENSIVE UNDERSTANDING OF YOUTH EXCHANGES, INCLUDING THEIR STRUCTURE, OBJECTIVES, AND NON-FORMAL EDUCATION ELEMENTS LIKE INTERCULTURALITY, CONFLICT RESOLUTION, COMMUNICATION SKILLS, INCLUSION, AND DIVERSITY. ADDITIONALLY, THE COURSE WILL AIM TO DEVELOP PARTICIPANTS' CAPABILITIES IN LEADERSHIP, FACILITATION, AND THE RESPONSIBILITIES SPECIFIC TO GROUP LEADERS, ENSURING THEY CAN EFFECTIVELY SUPPORT, GUIDE, AND INSPIRE YOUNG PEOPLE THROUGHOUT THE EXCHANGE PROCESS.

The project will be carried out in the course of

8 consecutive days:

Arrival Date: 19.04.2024

activity Dates: 20.04 - 25.04.2024

Departure Date: 26.04.2023

PROFILE OF PARTICIPANT

- MAYOR OF AGE;
- YOUNG PEOPLE WHO WANT TO IMPROVE THEIR LEADING SKILLS;
- YOUTH WORKERS;
- FUTURE PARTICIPANTS OF YOUTH EXCHANGES;
- GROUP LEADERS,
- MENTORS, TUTORS;
- PEOPLE WORKING OR WANTED TO WORK IN YOUTH FIELD;
- EU CITIZEN
- HAVE SENDING ORGANIZATION REGISTERED IN THE ERASMUS+ SYSTEM WITH VITAL ID NUMBER.

EXPECTATIONS

- BE ABLE TO COMMUNICATE IN ENGLISH
- BE PUNCTUAL AND RESPONSIBLE
- PARTICIPATE ACTIVELY
- RESPECT THE RULES OF THE PLACE (SMOKE AND DRINKING ALCOHOL IS FORBIDDEN AT THE PREMISES OF THE HOSTEL)

PROGRAMME

- **WHAT IS ERASMUS+, YOUTHPASS, AND ITS KEY COMPETENCIES?**

- **WHAT IS A YOUTH EXCHANGE?**

YOUTH EXCHANGES ALLOW GROUPS OF YOUNG PEOPLE FROM DIFFERENT COUNTRIES TO MEET, LIVE TOGETHER, AND WORK ON SHARED PROJECTS FOR SHORT PERIODS. THESE EXCHANGES ARE DESIGNED TO CONTRIBUTE TO PARTICIPANTS' INTERCULTURAL UNDERSTANDING, PERSONAL DEVELOPMENT, AND SENSE OF EUROPEAN CITIZENSHIP. THE SECTION WILL PROVIDE AN OVERVIEW OF HOW YOUTH EXCHANGES ARE STRUCTURED WITHIN THE ERASMUS+ PROGRAM, HIGHLIGHTING THEIR IMPORTANCE IN FOSTERING LEARNING AND GROWTH.

- **OBJECTIVES OF YOUTH EXCHANGES**

THIS SECTION WILL DETAIL THE SPECIFIC AIMS OF YOUTH EXCHANGES, SUCH AS PROMOTING SOLIDARITY, ENHANCING INTERCULTURAL AWARENESS, AND SUPPORTING THE PERSONAL AND SOCIAL DEVELOPMENT OF YOUNG PEOPLE THROUGH EXPERIENTIAL LEARNING. OBJECTIVES ALSO INCLUDE ENCOURAGING ACTIVE CITIZENSHIP AND EUROPEAN IDENTITY AMONG PARTICIPANTS.

- **ELEMENTS OF NON-FORMAL EDUCATION (NFE)**

NON-FORMAL EDUCATION PLAYS A CRUCIAL ROLE IN YOUTH EXCHANGES, OFFERING A STRUCTURED YET FLEXIBLE LEARNING ENVIRONMENT. THIS PART OF THE COURSE WILL EXPLORE KEY NFE ELEMENTS, INCLUDING PARTICIPATORY METHODS, LEARNER-CENTERED APPROACHES, AND THE IMPORTANCE OF REFLECTION AND EVALUATION IN LEARNING PROCESSES. PARTICIPANTS WILL LEARN HOW TO APPLY THESE ELEMENTS TO FOSTER AN ENGAGING AND INCLUSIVE ENVIRONMENT DURING EXCHANGES.

- **ROLES OF INDIVIDUALS IN YOUTH EXCHANGES (YES)**

UNDERSTANDING THE VARIOUS ROLES WITHIN A YOUTH EXCHANGE, FROM GROUP LEADERS TO PARTICIPANTS AND ORGANIZERS, IS ESSENTIAL FOR EFFECTIVE EXCHANGE MANAGEMENT. THIS SECTION WILL DESCRIBE EACH ROLE, FOCUSING ON EXPECTATIONS, CONTRIBUTIONS, AND THE DYNAMICS OF TEAMWORK AND LEADERSHIP WITHIN THE CONTEXT OF A YOUTH EXCHANGE.

- **GROUP LEADER (GL) RESPONSIBILITIES**

GROUP LEADERS PLAY A PIVOTAL ROLE IN YOUTH EXCHANGES, ACTING AS FACILITATORS, MENTORS, AND COORDINATORS. THIS PART OF THE TRAINING WILL OUTLINE THE SPECIFIC RESPONSIBILITIES OF GROUP LEADERS, INCLUDING PREPARATION, SUPPORT, CONFLICT RESOLUTION, AND ENSURING THE SAFETY AND WELL-BEING OF PARTICIPANTS. EMPHASIS WILL BE PLACED ON ETHICAL CONSIDERATIONS AND THE IMPORTANCE OF CREATING A POSITIVE, SAFE ATMOSPHERE.

- **FACILITATION SKILLS**

EFFECTIVE FACILITATION IS KEY TO SUCCESSFUL YOUTH EXCHANGES. THIS SECTION WILL EQUIP FUTURE GROUP LEADERS WITH ESSENTIAL FACILITATION SKILLS, SUCH AS COMMUNICATION, PROBLEM-SOLVING, ADAPTABILITY, AND HOW TO ENCOURAGE PARTICIPATION AND ENGAGEMENT AMONG DIVERSE GROUPS OF YOUNG PEOPLE. PRACTICAL EXERCISES WILL INCLUDE SCENARIO-BASED LEARNING AND FEEDBACK SESSIONS TO DEVELOP THESE SKILLS IN REAL-WORLD CONTEXTS.



HOW TO PREPARE YOURSELF TO THE PROJECT

DOCUMENTS

BE SURE THAT YOU HAVE VITAL INSURANCE CARD AND IDENTITY CARD

TRAVEL ITINERARY

DON'T BUY A TICKETS WITHOUT PREVIOUS CONSULTATION WITH THE COORDINATOR (HOSTING@CAZALLA-INTERCULTURAL.ORG). REACHING CALARREONAI IS NOT EASY SO READ CAREFULLY THE NEXT PAGES.

LUGGAGE

YOU WILL STAY AT THE HOSTEL. TAKE WITH YOU YOUR OWN TOILETRIES AND TOWELS. THE HOSTEL IS NEARBY THE SEA SO TAKE WITH YOU THE SWIMSUIT, SPF FILTER AND BEACH TOWEL.

SPECIAL NEEDS

IN ORDER TO PROVIDE A SAFE EXPERIENCE FOR ALL PARTICIPANTS, THE TRAINING TEAM RECOMMENDS/APPRECIATES THAT PEOPLE WHO HAVE ANY SPECIAL NEEDS RELATED TO THEIR PHYSICAL/MENTAL WELLBEING, PLEASE LET US KNOW PRIVATELY IN ADVANCE, SO THAT WE CAN ADAPT THE METHODOLOGY OF THE EVENT, IF NECESSARY.SAF

TRAVEL TICKETS

READ CAREFULLY THE REIMBURSEMENT GUIDE TO KNOW WHAT DOCUMENTS WE NEED TO BE ABLE TO SEND YOU THE MONEY BACK FOR YOUR TRAVEL COSTS. JUST IN CASE SAFE ALL TICKETS AND BOARDING PASSES. IT WOULD BE GREAT IF YOU HAVE A BANK ACCOUNT IN EU, IN OTHER WAY THE TRANSFER WILL COST YOU A FEE.

VENUE OF THE EVENT

THE COURSE WILL TAKE PLACE IN THE COASTAL TOWN OF **CALARREONA**, WHICH BELONGS TO THE ÁGUILAS COUNTY. IT IS A SMALL TOWN WITH A HOSTEL RIGHT BY THE SEA. ACCOMMODATION WILL BE IN A LOCAL YOUTH HOSTEL (ALBERGUE JUVENIL). THE TOWN IS ABOUT 40KM FROM LORCA AND 6,5KM FROM ÁGUILAS.

WE RECOMMEND BRINGING UV SUNSCREEN WITH YOU. IN APRIL THE SUN IS ALREADY QUITE STRONG DURING THE DAY.

ADDRESS: ALBERGUE JUVENIL CALARREONA, CARRETERA ÁGUILAS-VERA, KM.4, 30880 ÁGUILAS, MURCIA

ALL PARTICIPANTS WILL BE ACCOMMODATED IN ROOMS FOR MORE OR LESS 4 PEOPLE. THE ROOMS ARE NOT MIXED AND CONTAINS BUNKED BEDS. IF YOU ARE COMING WITH YOUR FRIEND OR A PARTNER PLEASE WRITE US IF YOU WANT TO BE TOGETHER IN ONE ROOM. ANOTHER WAY WE ARE ASSIGNING PEOPLE TO THE ROOMS.

THERE ARE PRIVATE BATHROOMS IN THE ROOMS. THE HOSTEL PROVIDES THE BEDDING BUT THERE ARE NOT TOWELS. THERE IS WIFI IN THE HOSTEL.

WE RECOMMEND THE PARTICIPANTS TO BRING WITH THEM ALL PRINTED MATERIALS THEY MAY NEED AS THERE IS NO PRINTING CENTER NEARBY.

THERE IS NO SMOKING AND DRINKING ALCOHOL ALLOWED ANYWHERE ON THE HOSTEL PREMISES.

THERE ALWAYS WILL BE SOMEONE FROM THE COORDINATORS' TEAM IN THE HOSTEL AND AT THE PARTICIPANTS' DISPOSAL DURING THEIR STAY.

BREAKFAST, LUNCH AND DINNER ARE PROVIDED BY THE YOUTH HOSTEL. THE KITCHEN IS FULLY EQUIPPED AND IS OPEN ALL THE TIME. THE PARTICIPANTS WILL DECLARE THEIR SPECIAL NEEDS (FOOD ALLERGIES AND PREFERENCES) IN THE REGISTRATION FORM.



THINGS YOU SHOULD KNOW

INSURANCE:

WE KINDLY ASK THE EUROPEAN PARTICIPANTS AND NON-EU PARTICIPANTS TO TAKE CARE OF THE HEALTH INSURANCE FOR BOTH TRAVEL AND STAY DURING THE ACTIVITY. OTHERWISE, ANY EXPENSES FOR MEDICAL CARE IN SPAIN WILL BE CONSIDERED AS PERSONAL COSTS OF THE PARTICIPANTS. CAZALLA INTERCULTURAL WILL NOT REIMBURSE THE PARTICIPANTS FOR ANY MEDICAL COSTS. WE STRONGLY RECOMMEND TO BRING WITH YOU YOUR EUROPEAN HEALTH INSURANCE CARD OR FOR PARTICIPANTS OUTSIDE THE EU - A TRAVEL INSURANCE.

ACCOMODATION AND FOOD:

THE ERASMUS+ PROGRAMME PROVIDES ACCOMMODATION AND FOOD. IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN THE REGISTRATION FORM, SO WE CAN MAKE YOUR EXPERIENCE AS ENJOYABLE AS POSSIBLE. IF YOU DON'T COMMUNICATE ANY FOOD RESTRICTIONS; KEEP IN MIND THAT YOU WILL GET A TRADITIONAL SPANISH DIET WHICH CONTAINS AT LEAST ONE PORTION OF MEAT PER DAY (AND SOMETIMES 2!). ONCE THE KITCHEN HAS RECEIVED THE INFORMATION ABOUT ALL THE FOOD RESTRICTIONS, THEY ELABORATE A MENU AND CALCULATE THE QUANTITY OF EVERYTHING TO AVOID FOOD WASTE. IT IS THUS DIFFICULT TO ADAPT THE MENU AFTERWARDS IN CASE SOMEONE WOULD LIKE TO CHANGE HIS/HER DIET.

REIMBURSEMENT:

ONLY PARTICIPANTS WHO ATTEND AT LEAST 80% OF THE PROGRAMME OF THE YOUTH EXCHANGE ARE ENTITLED TO REIMBURSEMENT OF THEIR EXPENSES.

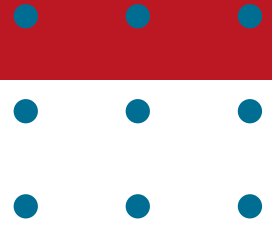
THE REIMBURSEMENT WILL BE DONE TILL ONE MONTH AFTER RECEIVING **ALL** OF THE NECESSARY DOCUMENTS. THE LIST IS IN THE REIMBURSEMENT GUIDE.

CAN I STAY LONGER?

THE PROJECT STARTS ON THE 19TH OF APRIL 2024- ARRIVAL DATE AND FINISH ON THE 26TH OF APRIL 2024- DEPARTURE DATE. HOWEVER, YOU HAVE THE POSSIBILITY OF EXTENDING YOUR STAY IN SPAIN BY UP TO TWO ADDITIONAL DAYS DURING WHICH YOUR TRAVEL EXPENSES WILL BE REIMBURSED (TWO DAYS BEFORE THE START OF THE PROJECT OR 2 DAYS AFTER THE END. OR 1 DAY BEFORE AND 1 DAY AFTER) !!!

THIS ONLY APPLIES TO TRAVEL EXPENSES. IF THE PARTICIPANT DECIDES TO EXTEND THEIR STAY IN SPAIN, THE FOOD AND ACCOMMODATION WOULD BE AT THEIR OWN EXPENSE AND YOU CAN'T STAY AT THE VENUE OF TH EVENT.

TRAVEL COSTS



EACH COUNTRY HAS A CALCULATED TRAVEL BUDGET PER PARTICIPANT BASED ON DISTANCE. IT'S STATED BY ERASMUS+ PROGRAMME.

PLEASE NOTE THAT THIS IS THE MAXIMUM AMOUNT WE CAN REIMBURSE YOU. ANY ADDITIONAL TRAVEL TICKET GOING BEYOND THE BUDGET WILL BE COVERED BY THE PARTICIPANT.

DETAILS OF THE TRAVEL REIMBURSEMENT PROCESS CAN BE FOUND IN THE PDF - REIMBURSEMENT GUIDE

FRANCE	275€
POLAND	360€
ITALY	275€
PORTUGAL	275€
N. MACEDONIA	360€
SWEDEN	360€
GREECE	360€



HOW TO GET TO CALARREONA

THAT'S A GOOD QUESTION!

UNFORTUNATELY, DUE TO CHANGES IN THE MURCIA REGION, PUBLIC TRANSPORTATION IS NOT IN THE BEST SHAPE. THIS MEANS THAT AS OF TODAY THERE IS NO PUBLIC CONNECTION STRAIGHT TO CALARREONA. THE CONNECTION TO LORCA IS HAMPERED DUE TO TRACK UPGRADES. SO PLEASE READ OUR TRAVEL RECOMMENDATIONS CAREFULLY.

THE MOST IMPORTANT THING IS TO NOT TAKE THE LATE FLIGHT TO ALICANTE (THE LATEST BUS FROM MURCIA LEAVES AT 20:15) NOR ANY EARLY FLIGHT FROM ALICANTE TO YOUR COUNTRY. THE FIRST BUS TO ALICANTE ARRIVES AT 10:30 NOR ANY EARLY FLIGHT FROM ALICANTE. THE FIRST BUS TO ALICANTE ARRIVES AT 10:30

WE RECOMMEND TO CONTACT GABI (HOSTING@CAZALLA-INTERCULTURAL.ORG). AND CONSULT YOUR CHOSEN ITINERARY AND TIMES BEFORE BUYING TICKETS. SHE WILL GIVE YOU PERSONALIZED RECOMMENDATIONS ON GETTING TO CALARREONA. SHE IS READY TO HELP YOU WITH ANY DOUBTS.

TO GET TO CALARREONA WE RECOMMEND:

- A BUS FROM MURCIA TO ÁGUILAS + TAXI FROM THE BUS STATION TO CALARREONA (THE COST OF THE TAXI SHOULD BE AROUND 15-20 EUROS). WE RECOMMEND TO SHARE THE COSTS AND TAKE IT WITH OTHER PARTICIPANTS (SCHEDULE ON THE NEXT PAGES)
- A TRAIN TO AGUILAS (RIGHT NOW IS A BUS BUT YOU HAVE TO TAKE IT FROM THE TRAIN STATION IN MURCIA OR LORCA) + TAXI (SCHEDULE ON THE NEXT PAGES)
- A BUS FROM LORCA TO AGUILAS + TAXI FROM THE BUS STATION TO CALARREONA. (SCHEDULE ON THE NEXT PAGES)

IF YOU ARE TRAVELING IN THE BIGGER GROUP YOU CAN THINK ABOUT THE TAXI FROM MURCIA TO CALARREONA (THE TAXI IS FOR 7 PEOPLE), THE COST IS 125EUR THAT YOU CAN DIVIDE.

**THE WHATSAPP OF THE TAXI IS +34606960425
THE TAXI HAS SITS FOR 7 PEOPLE**

BUS FROM MURCIA TO AGUILAS

FROM THE BUS STATION, THE COST WILL BE AROUND 9 EUROS. THE TICKETS SELLS THE DRIVER, YOU CAN FIND THESE TICKETS AS WELL AT MOVELIA.COM
LUNES A VIERNES MEANS MONDAY TO FRIDAY.
SABADOS - SATURDAYS.

SALIDAS DE MURCIA

LUNES A VIERNES LABORABLES	SABADOS LABORABLES	DOMINGOS Y FESTIVOS
11:30	11:00	11:00
13:30	20:15	20:15
16:00		
18:00*		
20:15		

*sólo viernes

Estación de Autobuses San Andrés - Murcia - Tlfnos.: 968292211 - 968291911

BUS FROM LORCA TO AGUILAS

FROM THE BUS STATION, THE COST WILL BE AROUND 5 EUROS. THE TICKETS SELLS THE DRIVER, YOU CAN FIND THESE TICKETS AS WELL AT MOVELIA.COM
LUNES A VIERNES MEANS MONDAY TO FRIDAY.
SABADOS - SATURDAYS.

SALIDAS DE LORCA

LUNES A VIERNES LABORABLES	SABADOS LABORABLES	DOMINGOS Y FESTIVOS
8:20	12:00	12:00
10:30	21:15	21:15
12:20*		
14:30		
17:00		
19:00*		
20:00		
21:15		

* Sale desde el Hospital Rafael Méndez

*solo viernes

Estación de Autobuses San Andrés - Murcia - Tlfnos.: 968291911 - 968291926

TRAIN FROM MURCIA TO AGUILAS

FROM THE TRAIN STATION, THE COST WILL BE AROUND 6 EUROS. YOU HAVE TO BUY THE TICKET AND CHARGABLE CARD AT THE VENDING MACHINE INSIDE THE TRAIN STATION PLEASE REMEMBER THAT IT IS CALLED TRAIN BUT IT WILL BE A BUS. ASK THE DRIVER IF IT GOES TO AGUILAS. YOU CAN DOUBLE CHECK THE HOURS [HERE](#)

 **MURCIA DEL CARMEN** 

 **AGUILAS**

 CAMBIAR HORA MIÉ 20 ABR 00:00

 Avisos en C2 

Salida	Llegada	Duración	Trans.	En
09:42 C2	12:43	3h 1min.	0	-
13:42 C2	16:43	3h 1min.	0	-
21:15 C2	00:16	3h 1min.	0	-

TRAIN FROM LORCA TO AGUILAS

FROM THE TRAIN STATION SUTULLENA, THE COST WILL BE AROUND 4 EUROS. YOU HAVE TO BUY THE TICKET AND CHARGABLE CARD AT THE VENDING MACHINE INSIDE THE TRAIN STATION PLEASE REMEMBER THAT IT IS CALLED TRAIN BUT IT WILL BE A BUS. ASK THE DRIVER IF IT GOES TO AGUILAS. YOU CAN DOUBLE CHECK THE HOURS [HERE](#)

 **LORCA-SUTULLENA** 

 **AGUILAS**

 CAMBIAR HORA MIÉ 20 ABR 00:00

 Avisos en C2 

Salida	Llegada	Duración	Trans.	En
11:12 C2	12:43	1h 31min.	0	-
15:12 C2	16:43	1h 31min.	0	-
22:45 C2	00:16	1h 31min.	0	-

ALICANTE AIRPORT

OPTION 1:

UPON YOUR ARRIVAL AT ALICANTE AIRPORT TAKE A BUS TO MURCIA FROM THE BUS STATION ON THE TOP LEVEL OF THE AIRPORT (DEPARTURES). THERE ARE BUSES EVERY 2 HOURS FROM 10:15. TO 19:15. THE TRIP TAKES 45 MINS AND COSTS AROUND 6€. THE BUS COMPANY IS ALSA AND YOU CAN BUY THE TICKET IN ADVANCE ONLINE AT WWW.ALSA.ES

ONCE YOU ARE IN MURCIA YOU CAN TAKE A BUS TO AGUILAS (THE COMPANY IS INTERBUS, YOU CAN FIND THE SCHEDULE AT THE PREVIOUS PAGE). THEN YOU CAN TAKE A TAXI FROM THE AGUILAS BUS STATION TO CALARREONA. TAXI WHATSAPP IS +34606960425

OPTION 2:

TAKE A CITY BUS FROM AIRPORT (LINE C6, ON THE DEPARTURES FLOOR) AND ASK THE DRIVER TO TELL YOU WHEN YOU ARRIVE AT SAN GABRIEL'S STOP (IT SHOULD BE A 3RD STOP). WHEN YOU GET THERE, TAKE TRAIN (CERCANIAS) TO MURCIA, CHECK THE SCHEDULE HERE ([CLICK!](#)). YOU WILL GO FROM SAN GABRIEL TO MURCIA BY TRAIN AND AS THE TRAINS FROM MURCIA TO AGUILAS ARE SUSPENDED THERE WILL BE SOME SPECIAL BUSES TO AGUILAS FROM THE TRAIN STATIONS. WHEN YOU WILL BE BUYING THE TICKET AT THE VENDING MACHINE SAN GABRIEL YOU CAN CHOOSE AGUILAS AND GO WITH THE SAME TICKET TO MURCIA AND TO AGUILAS. THE TEMPORARY BUS WILL HAVE A STOP AT MURCIA TRAIN STATION AND WILL GO AROUND 4H TO AGUILAS. USE THE BUS WITH THE NAME "ESTACIONAL", DON'T ENTER TO "SEMIDIRECTO"! THEN YOU CAN TAKE A TAXI FROM THE AGUILAS BUS STATION TO CALARREONA. TAXI WHATSAPP IS +34606960425

OPTION 3:

BY THE CITY BUS (C6) YOU CAN GO TO ALICANTE'S BUS STATION AND TAKE A BUS TO LORCA OR MURCIA. THERE ARE VERY FEW BUSES AND YOU MOSTLY NEED TO BUY THE TICKET IN ADVANCE ON WWW.ALSA.ES. NOTE THAT THE LAST BUS LEAVES AT 9:45 PM. AND THE FIRST ONE AT 03:30 AM AND THAT LATER YOU HAVE TO TAKE A BUS TO AGUILAS.

MADRID AIRPORT

BY TRAIN:

TAKE THE CERCANIAS TRAIN (FOR FREE WITH A TRAIN TICKET TO MURCIA - GO WITH YOUR TICKET TO THE INFORMATION POINT FROM RENFE TO RECEIVE YOUR FREE TICKET FOR CERCANIAS) FROM THE AIRPORT TO MADRID ATOCHA TRAIN STATION (YOU WILL HAVE TO CHANGE THE LINES TWICE OR THREE TIMES). THEN TAKE A TRAIN TO MURCIA. IN MURCIA YOU CAN GET BY BUS TO AGUILAS THAT IS PROVIDED BY RENFE AS THEY CLOSED THE RAILWAY BECAUSE OF SOME CHANGES. YOU CAN TRY TO STOP IN ALBACETE AND BUY A TICKET TO AGUILAS ON ALSA.COM

THE TICKET COSTS BETWEEN 38€ AND 47€. TO CHECK THE TRAIN SCHEDULE VISIT PLEASE WWW.RENFE.ES. IF YOU DECIDE TO TRAVEL BY TRAIN, WE ADVISE YOU TO BUY A TICKET IN ADVANCE ONLINE AS THE MADRID - MURCIA CONNECTION IS VERY POPULAR AND TRAINS ARE USUALLY FULL! DOUBLE CHECK THIS OPTION WITH GABI BEFORE PURCHASING IT.

BY BUS:

THERE ARE DIRECT BUSES (CA. TWICE A DAY) FROM TERMINAL 4 TO LORCA AND MURCIA. THE TICKET COSTS AROUND 35€ AND THE TRIP TAKES 6,5 - 7H. YOU SHOULD BUY IT IN ADVANCE AT THE WWW.ALSA.COM. YOU CAN ALSO PURCHASE TICKETS ONLINE IN WWW.MOVELIA.COM. YOU CAN ALSO CATCH A BUS FROM ONE OF THE BUS STATION IN MADRID TO LORCA, THEY ARE A LITTLE BIT MORE BUS HOURS.

REMEMBER THAT LATER YOU WILL HAVE TO TAKE A BUS TO AGUILAS

PLEASE KEEP IN MIND THAT IN ORDER TO ARRIVE TO CALARREONA THE SAME DAY, YOU SHOULD BE AT THE AIRPORT BY 3:00 PM., NOT LATER, TO CATCH THE TRAIN AT 4:30 PM.

VALENCIA AIRPORT

BY TRAIN:

TAKE THE METRO FROM THE AIRPORT TO VALENCIA ESTACIÓN DEL NORD TRAIN STATION (TICKET COSTS AROUND 4,90€). THERE TAKE A TRAIN TO MURCIA DEL CARMEN (TICKETS BETWEEN 20-40.00€). THE TRIP TAKES. 3 - 3,5H.

AFTER ARRIVING TO MURCIA, BUY A TICKET TO AGUILAS.

YOU CAN GET IT FROM THE TICKET MACHINES INSIDE THE TRAIN STATION ("CERCANIAS") AND IT COSTS 5,60€. THE TRAIN RIDE TAKES CA. 50 MINS. IF YOUR TICKET TO MURCIA HAS A COMBINADO CODE YOU CAN GO TO THE INFORMATION POINT AND ASK FOR A FREE TICKET TO AGUILAS.

TO CHECK TRAIN SCHEDULE GO TO: [CLICK!](#) REMEMBER THAT NOW THERE ARE NOT TRAINS, YOU WILL HAVE TO GO BY BUS.

BY BUS:

TAKE THE METRO FROM THE AIRPORT TO VALENCIA BUS STATION AND TAKE A BUS TO MURCIA (17,59 €). THE TRIP TAKES 3-5,5H. TO CHECK THE BUS SCHEDULE GO TO WWW.ALSA.ES. YOU CAN ALSO PURCHASE TICKETS ONLINE. LATER YOU HAVE TO TAKE A BUS TO AGUILAS . THERE IS SOME DIRECT BUSES FROM VALENCIA TO LORCA BUT NOT MANY. LATER YOU WILL HAVE TO TAKE A BUS TO AGUILAS, PLEASE HAVE IT MIND!

IMPORTANT!

DON´ T TRAVEL TO MURCIA AIRPORT! IT IS A VERY SMALL AIRPORT WITH A VERY BAD URBAN CONNECTION WITH MURCIA AND LORCA.



CONTACT

GABI

hosting@cazalla-intercultural.org

working hours: 10:00 – 14:30

16:00 – 19:30