

TRAINING COURSE

BACK TO THE VILLAGE

MUNILLA, LA RIOJA, SPAIN

22 – 28 MARCH 2026

(Travel days included)



INFOPACK

PROJECT'S COUNTRIES



SPAIN → **GANTALCALÁ**



FRANCE → **PISTES SOLIDAIRES**



ITALY → **POLYGONAL**



HUNGARY → **FEKETE SEREG**



LITHUANIA → **DGT LITHUANIA**



NORTH MACEDONIA → **PORAKA NOVA**



PORTUGAL → **AJ DE DEÃO**



SLOVENIA → **MREŽA MAMA**

TOPIC AND GOALS

“Back to the village” aims to empower youth workers and volunteers by providing context, tools, methods, and networks, to overcome challenges of isolation and limited opportunities, faced by youth in rural areas.

Our aims are:

- Developing professional competencies for working with youth in rural environments.
- Promoting active participation of young people in their communities.
- Sharing innovative practices and methods in youth work adapted to rural contexts.
- To encourage creativity and local initiatives among rural youth.
- Addressing challenges specific to rural youth, such as isolation and lack of leisure opportunities.

PLAN OF THE WEEK

PROJECT'S SCHEDULE

22nd	Monday 23rd	Tuesday 24th	Wednesday 25th	Thursday 27th	Friday 27th	28th
Arrival at the meeting point before 20:30	Challenges in rural areas	Opportunities in rural areas	Advocacy for rural participation	The ideal rural world	Rural participation initiatives	Departure from Logroño after 8:00
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
	Getting to know the team	Youth opportunities through nature	Local assembly in Springfield	Bus to Logroño	Market of ideas	
	Emotional mapping			Thoughts of the day		
	Lunch		Lunch	Lunch		
	"Nightmare in the village"	Youth opportunities through arts	Visit to local spring waters	Traditional lunch	Final reflection	
	Thoughts of the day	Thoughts of the day		Free time	Evaluation	
	Free time	Free time	Free time	Free time	Free time	
	Dinner	Dinner	Dinner	Traditional dinner	Dinner	
	1st national evening	2nd national evening	3rd national evening	Bus to Munilla	Free night	

TIMETABLE

- ◆ Activities will be from 10:00 to 13:30, and from 15:30 to 17:30
- ◆ Breakfast is at 9:00, lunch at 13:30, and dinner at 20:30
- ◆ There won't be coffee breaks: you'll be able to have snacks and coffee anytime

OTHER ACTIVITIES

- ◆ One full day will be in Logroño: activities, free time, traditional lunch and dinner
- ◆ We'll visit natural volcanic spring waters
- ◆ We'll hike natural paths in the mountains
- ◆ And we'll have three national evenings!





VENUE

All the group will be accommodated at the youth hostel "Hayedo de Santiago", in Munilla (La Rioja). The whole building will be ours.

Facilities:

- Rooms distributed in two floors, will be shared between 3 people.
- Shared bathrooms for females and for males, one in each floor.
- Separated working and living room on the ground floor, with games and sofas.
- Limited access to the kitchen: there will be someone cooking for us the whole week.

There is a sport area close to the hostel, and two bars in Munilla, but no shops. However, we will drive in case of need to the closest town where there are more services.



MUNILLA...

It's a perfect spot to experience the rural exodus in Spain, full of old stone houses, narrow streets, and the characteristic atmosphere of a traditional mountain village in La Rioja.



...AND LOGROÑO

The capital city of La Rioja, with one of the most famous gastronomies in Spain, based on its "pinchos". The whole region is famous for its wine, considered to be the highest quality in Spain. Here, we will visit some of the most touristic sites, and will taste many of its products.



ECONOMIC CONDITIONS

No fee!

Accommodation and meals will be fully covered during the activity days.

Maximum travel budget

SPAIN - 56€ (only green travel)

SLOVENIA - 309€

FRANCE - 285€ (only green travel)

HUNGARY - 309€

PORTUGAL - 309€

NORTH MACEDONIA - 309€

ITALY - 309€

LITHUANIA - 395€

Documents needed for reimbursement

Flight: Boarding pass and flight reservation (with invoice if possible)

Train/bus/ferry/taxi: Ticket (with invoice if possible)

Metro/urban bus: Physical ticket

Rent car: Invoice and contract, and gas stations tickets

Owned car: Reimbursed cost per kilometer will be 0,26€

Reimbursement procedure

Every participant will have to provide all ORIGINAL documents required to justify their travel costs; by email if the document is online, and by postal mail if the document is printed.

Once all the documentation from each team is correct, we will send a transfer to the sending organisation in each country with the reimbursement. This process normally takes one or two months, depending how long each participant takes in managing all the documentation.

ARRIVAL AND DEPARTURE DAYS

ARRIVAL on the 22nd

- ◆ You must arrive to Logroño. From there, a private bus will take us to Munilla.
- ◆ Everyone must be at the meeting point before 20:30
- ◆ MEETING POINT: [Oficina de turismo de La Rioja](#) (Logroño)
- ◆ A small picnic dinner will be offered to you at the meeting point

DEPARTURE on the 28th

- ◆ A private bus will take all the group to Logroño, early in the morning.
- ◆ You can start your departure trip on the 28th, at 8:00 from Logroño bus or train station.

**Logroño bus and train station are located at the same place
(20 min walking from the meeting point)**



TRAVEL GUIDE TO LOGROÑO

For those participants flying, we recommend to land in Bilbao, Madrid or Barcelona.

FROM BILBAO TO LOGROÑO

Take bus A3247 from Bilbao Airport to Intermodal Bus Station. It takes 30 min.

From there, there are several daily buses to Logroño. The bus company operating the line is Cuadrabus.

FROM MADRID TO LOGROÑO

There are several daily buses from Madrid-Barajas Airport (T4) to Logroño. The bus companies operating the line are ALSA and JIMENEZ.

FROM BARCELONA TO LOGROÑO

From Barcelona Airport (T2), take train line R2-Nord to Sants Station. Once there, you can take a train from Sants Station, or a bus from Sants and Nord Stations:

BY TRAIN

The main train company is RENFE. There are some direct trains, but for most options you will have to change in Zaragoza.

If needed, you'll find more trains between Barcelona and Zaragoza in OUIGO and IRYO, and then another train from Zaragoza to Logroño in RENFE.

BY BUS

There are several daily buses from Barcelona (Sants and Nord) to Logroño. The bus company operating the line is ALSA.

GREEN TRAVEL OPTIONS

For french and central european participants, the best way is to arrive to San Sebastián by bus: BLABLACAR or FLIXBUS. Then, there are several daily buses to Logroño. The company operating the line is LA ESTELLESA.

For portuguese participants, there are weekly direct buses from the area of Braga/Porto to Logroño. The company operating the line is LA ANDORRANA.

CONTACT

For international participants, you must contact the sending organisation in your country. You can write to us using the following methods and we will put you in touch with them.

///➡ Email: mobility@gantalcala.org

 WhatsApp: +34 623959192

Instagram: @gantacala

**This is what we
do, and we really
love it.**

